



NEWS RELEASE

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San Joaquin RTD Takes Action to Protect the Health of its Customers and Employees Against "Swine Flu"

(Stockton, CA) – With one probable case of "Swine Flu" in San Joaquin County as of May 1, San Joaquin Regional Transit District (RTD) wants to advise the public of the steps it is taking to protect the health of its customers and employees.

RTD's utility workers wear protective equipment as they clean and sanitize all buses each night using a biodegradable cleaner, wiping down all seats and hard contact surfaces. Fare Vending Machines are also wiped down and sanitized regularly. However, these additional cleaning efforts alone will not completely prevent the spread of the flu.

Therefore, RTD encourages its customers to take basic precautions to stay healthy:

- Cover your mouth and nose with a tissue when coughing or sneezing. Throw the tissue in the trash after you use it. Use your upper sleeve, not your hands, when tissue is not available.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- To keep hands clean when riding RTD, customers are encouraged to carry tissues, waterless hand-sanitizing gels, or disinfecting wipes.
- Try to avoid contact with sick people, and avoid touching your eyes, nose, and mouth.
- If you get sick, the Centers for Disease Control and Prevention (CDC) recommends that you stay home from work or school, and limit contact with others to keep from infecting them.

For more information about Swine Flu, please visit www.cdc.gov/swineflu, <http://bepreparedcalifornia.ca.gov>, or www.sjcphs.org.

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